# **Adult Mental Health Services**



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# 2010 Department of Justice Settlement Agreement

- The Department of Justice (DOJ) filed a lawsuit with the state of Georgia, the Department of Behavioral Health and Developmental Disabilities (DBHDD) and the Department of Community Health (DCH) in 2010 alleging violations of the American with Disabilities Act (ADA) because Georgia failed to administer services in the most integrated settings appropriate to the needs of qualified individuals with disabilities.
- This Agreement outlines community services for a specifically designated population of individuals with serious and persistent mental illness (SPMI) and developmental disabilities (DD) who need these services in order to remain in the community.

## **ADA Settlement Criteria**

 Individuals with Severe and Persistent Mental Illness (SPMI) who are currently served in the State Hospitals, frequently readmitted to State Hospitals, who are frequently seen in Emergency Rooms, who are chronically homeless, and/or who are being released from jails or prisons.

## Adult Community Mental Health Array of Services Fiscal Year 2018

- Assertive Community Treatment (ACT)
- Supported Employment (SE)
- Case Management (CM)/Intensive Case Management (ICM)
- Community Support Team (CST)
- Crisis Stabilization Unit (CSU)
- Core
- Mobile Crisis
- Crisis Respite Apartments
- Residential Support Services; Community Residential Rehabilitation (CRR); Supported Housing, Bridge
- Crisis Service Center (CSC)
- Behavioral Health Crisis Center (BHCC)
- Projects for Assistance in Transition from Homelessness (PATH)
- SSI/SSDI Outreach, Access, and Recovery) (SOAR)
- Peer Supports
- Mental Health Treatment Courts
- Community Transition

#### Assertive Community Treatment (ACT)

#### • 22 state-funded teams

- 4 Medicaid reimbursement option (MRO)teams
  Provide community-based, recovery-oriented, consumer-driven, multi-disciplinary treatment team delivered, high-level service, reduction of re-admission, homelessness and incarceration, for persons meeting ADA Settlement criteria
  Service delivery includes nursing, psychiatry, psychology, social work, substance abuse,
- vocational rehabilitation and peer support
- In-reach to jails and hospitals following referral

### Assertive Community Treatment (ACT)

#### 22 DBHDD-contracted teams

Region	Provider	
1	Avita Community Partners, Cobb-Douglas CSB, Highland Rivers Health	
2	Advantage Behavioral Health Systems, American Work, River Edge Behavioral Health Center	
3	Fulton-DeKalb/Grady Health System (3), View Point Health (2), Georgia Rehabilitation Outreach (2)	
4	Aspire Behavioral Health and Developmental Disability Services, Behavioral Health Services of South Georgia, Georgia Pines Community Service Board	
5	American Work (2), Gateway Behavioral Health Services	
6	Pathways Center for Behavioral Health, McIntosh Trail CSB, American Work	

## **Crisis Services**

#### Crisis Stabilization Units

- o 22 CSUs
- Provide assessment, crisis stabilization, therapeutic education, referral/linkage to appropriate services

#### • Mobile Crisis Services

- Time-limited, rapid crisis response, assessment, referral/linkage to appropriate services
- o Multidisciplinary response team
- o 159 counties covered
  - ✤ Benchmark: regions 1, 2, 4 and 6
  - ✤ BHL: regions 3 and 5
- Behavioral Health Crisis Centers
  - 8 BHCCs ( 2 more coming this year)
  - 24/7 access, combines walk-in, crisis assessment and stabilization; referral/linkage to services

Georgia Department of Behavioral Health and Developmental Disabilities

#### **Case Management**

• 16 state-funded intensive case management teams

• 52 state-funded case management services

• Individual support to increase access to communitybased services, care coordination

• Individual recovery plan implementation

• May be combined with other core services

#### Intensive Case Management Team (ICM)

#### DBHDD contracted providers across the state

Region	Provider
1	Cobb County CSB, Highland Rivers CSB
2	American Work, Inc., River Edge BH
3	Community Friendship, Inc., Grady Memorial Hospital, View Point Health
5	Satilla (Unison), Gateway BH, CSB of Middle GA, Pineland CSB
6	Phoenix Center, Middle Flint BH, New Horizons CSB

Case Management Team (CM)

#### DBHDD contracted providers across the state

Region	Provider
1	Avita CP, Lookout Mountain CS, Highland Rivers CSB
2	Advantage BHS, Oconee CSB, River Edge BH, Serenity BHS
3	Grady Memorial Hospital, St. Joseph Mercy Care, Clayton CSB, View Point Health
4	Albany CSB (Aspire), GA Pines CSB, BHS of South GA
5	Gateway BHS
6	McIntosh Trail CSB, New Horizons CSB, Pathways Center

### Supported Employment

- 21 Supported employment providers
- Vocational assessment, rapid job search, competitive job placement, job maintenance support, benefits counseling, rehabilitative support
- Task Oriented Rehabilitation Services (TORS): new Medicaid-reimbursable component for vocational rehabilitation support services

### **Supported Employment Providers**

Region	Provider
1	Avita Community Partners, Briggs & Associates, Cobb-Douglas CSB, Highland Rivers Health, Lookout Mountain Community Services
2	Advantage Behavioral Health Systems, American Work, Oconee Community Service Board, River Edge Behavioral Health Center, Serenity Behavioral Health Systems
3	Briggs & Associates, Community Friendship, Inc., DeKalb Community Service Board, View Point Health
4	American Work, Behavioral Health Services of South Georgia, G & B Works, Inc.
5	American Work, Gateway Behavioral Health Services, Pineland Behavioral Health and Developmental Disabilities, Unison Behavioral Health
6	American Work, Briggs & Associates, McIntosh Trail CSB, New Horizons Community Service Board, Pathways Center for Behavioral Health

#### Mental Health Treatment Courts

- (7) Accountability courts that combine judicial supervision and community mental health treatment
- Geared towards reducing criminal activity, improving stability
- Alternative to incarceration for persons with serious and persistent mental illness, substance use disorders or co-occurring disorders, who consent to treatment

Region	Provider
1	Cobb-Douglas CSB, Highland Rivers Health, Avita BHS
3	City of Atlanta
4	Aspire Behavioral Health and Developmental Disability Services, Georgia Pines Community Service Board, Albany ARC

## Peer Support

- Structured activities that are provided for individuals with common issues and needs
- Promote self-directed recovery and support individuals in developing and attaining individualized life, recovery and wellness goals
- Georgia is the first state in the U.S. to be able to bill Medicaid for whole health peer support
- Peer support and wellness centers: programs are led by certified peer specialists
- Forensic peer mentor initiatives; partnership with GA Dept. of Corrections, and DA Dept. of Community Supervision, and GA Mental Health Consumer Network
- CPS training

### PATH and SOAR

- Projects for Assistance in Transition from Homelessness (PATH)
  - 10 PATH teams throughout the state
  - Case management
  - Housing access
  - Outreach and linkage to services for the homeless
- SSI/SSDI Outreach, Access and Recovery (SOAR)
  - Provides increased access to Social Security disability benefits for people who are homeless or at risk of homelessness and who have mental health challenges or other co-occurring disorders

### Comprehensive Community Providers (CCP) of Core Services

- Community service boards
- Community mental health services
- Comprehensive psychosocial, psychiatric and nursing assessment
- Therapy/counseling
- Medication management
- Peer support
- Case Management
- Psychosocial rehabilitation

# Housing Opportunities for People with Behavioral Health Needs

- DBHDD's vision addresses community-based living for people seeking a life of recovery and independence
- Values
  - Housing is essential to recovery and independence
    - Informed choice must anchor the selection of any housing option
  - Access to a full continuum of housing options is fundamental to informed choice
  - Successful living arrangements are integrated in local communities

#### DBHDD Supported Housing and Residential Support Initiatives

Need for Supported Housing Survey Tool	Community Residential Rehabilitation (CRR)	Crisis Respite Apartments (CRA)
Georgia Housing Voucher Program (GHVP) and Bridge Funding	Housing First Training	DCA/DBHDD HUD 811 & HCV

#### **Crisis Respite Apartments**

- Brief periods of crisis respite, support services, linkage to treatment and other community services
- Prevention of CSU, ER re-admission/re-hospitalization
- Transition from a higher level of care into the community

Region	Provider
1	Cobb-Douglas CSB, Avita Community Partners
2	Advantage Behavioral Health Systems
3	View Point Health
4	Aspire Behavioral Health and Developmental Disability Services, Behavioral Health Services of South Georgia, Georgia Pines Community Service Board
5	Gateway Behavioral Health Services, Pineland CSB
6	McIntosh Trail CSB

### **Community Residential Rehabilitation**

DBHDD Residential Services:

- Staff support in residential settings, continuous monitoring and supervision
- Skills training, community integration activities and personal support services/activities to restore and develop skills in functional areas that interfere with the individual's ability to safely live in the community, continue with recovery and increase self-sufficiency
- 32 providers of residential support services
- 1,921 statewide supported beds for residential rehabilitation
- Residential levels of care:
  - o 22% intensive: 24-hour/on-site supervised; 5 hours of skills training
  - 29% semi-independent: 36-hour/on-site supervised; 3 hours of skills training
  - 49% independent: minimum of one contact per week; 1 hour of skills training

### Georgia Housing Voucher and Bridge Fund

Funding for rental assistance for the **target population**:

- Tenant Based
- Linked to a DBHDD Community Mental Health Provider
- Bridge funding provides initial one time move in costs (i.e., deposits, furnishing, household goods)
- Serves as a housing safety net for individuals who do not qualify for other housing assistance
- Currently about 2600 individuals statewide receiving this assistance
- Served over 4,000+ cumulatively
- About 900 individuals served in DBHDD Region 3 (Atlanta Metro Area)
- In the Atlanta Metro Area, about 700 individuals are being served with GHV

#### Welcome to Need for Supported Housing Survey (NSH)

The Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) is committed to providing choices for housing, based on complete information, including the individual's needs, preferences, and the appropriate, available housing options. DBHDD values housing as essential to recovery and independence, informed choice must anchor the selection of any housing option, access to a full range of housing options is fundamental to informed choice and successful living arrangements are integrated in local communities. Please refer to DBHDD Policy, 01-120, Supported Housing Need and Choice Evaluation. *Click here for Additional Information*.

**NSH SURVEY LOG IN** 

# **Referral Process Flow**



#### Need for Supported Housing Survey

Collaboration Georgia Department of Community Affairs to increase capacity for target population to access supported housing options;

- 811 Program
- Shelter Plus Care
- Housing Choice Voucher Program/Section 8
- VASH, etc.

### DBHDD

#### • Georgia Crisis and Access Line (GCAL)

- 0 24/7 crisis line
- 0 (800) 715-4225
- o <u>mygcal.com</u>
- Adult Mental Health Resource Directory

   <u>http://dbhdd.georgia.gov/adult-mental-health</u>
- Georgia Collaborative ASO Online
   Service Provider Locator Tool
  - <u>https://www.valueoptions.com/referralconnect</u> /doLogin.do?j username=gacm&j password=g <u>acm</u>